**Figure S1:** Mediated effects of problematic social media use (PSMU) and problematic smartphone use (PSPU) in the association of anxiety with weight-related self-stigma (WRSS). Dashed lines indicate indirect effects; solid lines indicate direct effects. Line coefficients are reported in unstandardized coefficients (95% confidenct interval). Age and sex were controlled in the mediated models, of which were estimated using 5000 bootstrapping samples.

**Figure S2:** Mediated effects of problematic social media use (PSMU) and problematic smartphone use (PSPU) in the association of depression and stress with fear of enacted stigma. Dashed lines indicate indirect effects; solid lines direct effects. Line coefficients are reported in unstandardized coefficients (95% confidenct interval). Age and sex were controlled in the mediated models, of which were estimated using 5000 bootstrapping samples.

**Figure S3:** Mediated effects of problematic social media use (PSMU) and problematic smartphone use (PSPU) in the association of depression and stress with self-devaluation weight stigma. Dashed lines indicate indirect effects; solid lines direct effects. Line coefficients are reported in unstandardized coefficients (95% confidenct interval). Age and sex were controlled in the mediated models, of which were estimated using 5000 bootstrapping samples.